



Strawberry Salad

Make as much or as little as you like

Vinaigrette Ingredients:

(Makes 1-1 1/2 cups. Serving size 1-2 tbsp. depending on salad size)

- 1/4-1/2 cup strawberry preserves, low sugar if possible
- 1/4 cup olive oil or another oil neutral in flavor
- 1/4 cup apple cider vinegar
- 1/2 cup orange juice
- 1/4 tsp. garlic powder
- salt & pepper to taste (just a pinch or two)

Salad Ingredients:

- Baby spinach (as much as you would like)
- Strawberries (as many as you would like)

Vinaigrette Directions:

1. In a medium to large bowl mix 1/4 cup jam and oil with whisk/blender until well combined.
2. Whisk or add to blender rest of ingredients.
3. Taste and adjust amount of jam if necessary.

Salad Directions:

1. Wash and dry spinach and strawberries. Set aside.
2. Remove stem and greens from strawberries.
3. Cut strawberries into 3-5 slices and place into bowl.
4. Place spinach in large bowl and drizzle with vinaigrette. Toss to coat spinach.
5. Portion spinach onto plates and top with strawberry slices. serve and enjoy!

Suggestions:

- Add a protein to make an entrée salad
- Top with bacon bits, almonds or cheese

